

# Nikki Truscelli, Ph.D.

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(530) 457-7616

## EDUCATION

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**Arizona State University**, Tempe, AZ *October 2020*  
Interdisciplinary Doctorate in Philosophy  
Hugh Downs School of Human Communication

**Arizona State University**, Tempe, AZ *May 2021*  
Masters in Counseling  
Counseling and Counseling Psychology

**San Diego State University**, San Diego, CA *May 2016*  
Master of Arts  
School of Communication

**Chico State University**, Chico, CA *July 2014*  
Bachelor of Arts in Communication Studies  
Option in Organizational Communication  
Minor in Spanish

University of Granada, Granada, Spain  
Center of Modern Language, September 2013-July 2014

Folsom Lake Junior College  
AA in Behavioral and Social Sciences, May 2011

## POST-DOCTORATE EXPERIENCE

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**Project Manager, Thrive Study** *September 2021-present*  
University of California, Santa Barbara (PIs: Drs. Tamara Afifi and Nancy Collins)

- Manage a team of undergraduate and graduate students on an NIH-funded grant examining new ways of connecting aging adults and their adult children who live at a distance. Specifically, this research explores the role of virtual reality (VR) as a tool for decreasing isolation and loneliness and maintaining familial connections for aging adults.

## TEACHING EXPERIENCE

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**Lecturer** *September 2021-present*  
University of California, Santa Barbara

- Communication and Happiness
- Navigating Close Relationships and Mental Health
- Dark Side of Interpersonal Communication
- Communication and Conflict

**Adjunct Faculty** *August 2020-January 2021*  
Phoenix Community College

- Interpersonal Communication
- Introduction to Communication

**Faculty Associate***August 2020-July 2021*

Arizona State University

- Relational Communication
- Family Communication
- Communication and Happiness
- Advanced Research Methods

**Graduate Teaching Associate***August 2016-July 2020*

Arizona State University

General Education Communication courses

- Public Speaking
- Small Group Communication
- Introduction to Human Communication

Interpersonal and Relational Communication courses

- Interpersonal Communication
- Relational Communication
- Discovery Seminary: Sex and Communication

Theory and Communication Research Methods courses

- Introduction to Communication Inquiry
- Advanced Research Methods
- Quantitative Research Methods

Self-Designed Course

- Conversation as Connection: The Lost Art

**Graduate Teaching Associate***January 2015- May 2016*

San Diego State University

- Instructed three sections of public speaking per semester

**TEACHING AWARDS**

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**Arizona State University**

- Continued Excellence in Teaching Award *fall 2019*  
*Graduate and Professional Association*
- Continued Excellence in Teaching Award *spring 2019*  
*Graduate and Professional Association*
- Hugh Downs School of Human Communication Teaching Award *2018- 2019*
- Teaching Excellence Award *spring 2018*  
*Graduate and Professional Association*

**COUNSELING EXPERIENCE**

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**Friends of the Family***January 2021-present*

Corvallis, Oregon

**Counseling Services***fall 2019-March 2020*

Arizona State University

## STUDENT AFFAIRS AND RELATED PERFORMANCE EXPERIENCE

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**Performer**

September 2017

Arizona State University, Sexual Violence Prevention Initiative  
Mattress Talks, Writer Nik Zaleski, Director, Nik Zaleski and Elizabeth Johnson

**Performer**

summer 2017

Arizona State University, Sexual Violence Prevention Initiative  
“With Each Other,” Writer Nik Zaleski, Director Nik Zaleski.

**Women’s Resource Area Graduate Assistant**

August 2014- January 2015

San Diego State University Center for Intercultural Relations

**Summer Orientation Senior Staff**

August 2012-August 2013

Chico State University

**Summer Orientation Peer Advisor**

January 2012- August 2012

Chico State University

## PUBLISHED MANUSCRIPTS

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Stein, J. B., Mongeau, P. A., & Truscelli, N. I. (2019). Identifying and measuring network-based relational uncertainty: Looking outside of the dyadic bubble. *Journal of Social and Personal Relationships*. Advanced online publication.

## CONFERENCE PAPERS

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**Truscelli, N. I.,** & Guerrero, L. K. (2019, November). *Ghosting, dosing, hoovering, and fading out: Exploring ambiguity-producing strategies as communication phenomena*. Paper to be presented at the National Communication Association Conference, Baltimore, MD.

**Truscelli, N. I.,** Tao, C., Randall, A. K., & Mikel, L. (2018, July). “It’s our stress!”: *Moderating effects of we-ness and couples’ emotional synchrony*. Poster presented at the International Association of Relational Research Conference, Fort Collins, CO.

Mongeau, P. A., Knight, K., & Stein, J., **Truscelli, N. I.** (2018, July). *Parsing the benefits of friends with benefits: Exploring variation in sexual satisfaction and communal strength*. Poster presented at the International Association of Relational Research Conference, Fort Collins, CO.

**Truscelli, N. I.** (2018, February). *Casual sexual relationships: A university health market analysis*. Paper presented at the Western States Communication Conference, Santa Clara, CA.

Mongeau, P. A., Knight, K., **Truscelli, N. I.,** & Stein, J. (2018, February). *Empirically investigating a dimensional perspective of diversity in friends with benefits relationships*. Paper presented at the Western States Communication Conference, Santa Clara, CA.

**Truscelli, N. I.** (2017, November). *Gender differences and FWBRs employed uncertainty reduction strategies*. Paper presented at the National Communication Association Conference, Dallas, TX.

Stein, J., Mongeau, P. A., & **Truscelli, N. I.** (2017, November). *Social network uncertainty as an antecedent to relational uncertainty: Expanding the dyadic bubble*. Paper presented at the National Communication Association Conference, Dallas, TX.

Anderson, P. A., Abbot, A., Buller, D. B., Lui, X., Christerson, K., **Truscelli, N. I.**, Acio, B., Harrower, H., White, L., & Walkosz, B. J. (2017, February). *A health communication field experiment to promote sun safety at college outdoor recreation venues*. Paper presented at the Western States Communication Conference, Salt Lake City, UT.

**Truscelli, N. I.** (2017, February). *Relational uncertainty in friends with benefits relationships: Negotiating uncertainty reduction strategies when romantic interest develops*. Paper presented at the Western States Communication Conference, Salt Lake City, UT.

**Truscelli, N. I.** & Coles, J. (2016, November). *Exploring gender roles in friends with benefits relationships: Uncovering the performances of FWBRs in public and private spaces*. Paper presented at the National Communication Association Conference, Philadelphia, PA.

Christerson, K. N. & **Truscelli, N. I.** (2016, February). *Are you a friend of bill?: An ethnography on alcoholics anonymous*. **Top Student Interpersonal Papers** presented at the Western States Communication Conference, San Diego, CA.

**Truscelli, N. I.** & Christerson, K. N. (2016, February). *Communicating (un)certainty in friends with benefits relationships: Measuring relational talk through galvanic skin response*. Paper presented at the Western States Communication Conference, San Diego, CA.

**Truscelli, N. I.** & Christerson, K. N. (2015, November). *Navigating narratives: The storytelling of high authority females in male dominated occupations*. Paper presented at the National Communication Association Conference, Las Vegas, NV.

## **LAB RESEARCH EXPERIENCE**

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**Couples Coping with Stress Lab, Dr. Ashley Randall** August 2017-May 2018

- Coded video recordings of couples' dyadic coping behaviors

**Health Communication Lab Assistant, Dr. Colter Ray** August 2017-January 2017

- Lead 75-minute experimental lab sessions examining message planning and cancer support

**Health Communication Lab Assistant, Dr. Perry Pauley** August 2016-May 2017

- Assisted with data collection examining women ovulating and affectionate communication

## **AWARDS AND SCHOLARSHIPS**

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**Arizona State University**

Graduate College Fellowship, \$5,000

2019

Hugh Downs School of Human Communication Service Award	<i>2017-2018</i>
College of Liberal Arts and Sciences (CLAS) Student Leader	<i>2017-2018</i>
Christine Duff Muldoon Fellowship, \$1,000	<i>2016-2017</i>
Outstanding CGSA Service	<i>2016-2017</i>

## **SERVICE**

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HDSHC Graduate Recruitment Officer	<i>2017-2018</i>
Western States Communication Association	
Interpersonal Communication Interest Group Reviewer	<i>2017-2019</i>
Health Communication Interest Group Reviewer	<i>2016-2018</i>
GPSA Travel Grant Reviewer	<i>2016-2019</i>